

Figure Skating Practice!



L T D F H Q F M C J B A M K C I N N Y J R
S W I Z Z P S Z R Y P S N X B G H C O L K
G N H K L V U D O W E C R O S S O V E R S
T R B A J Z C H S N Q K P C D R K G M V Y
D U N H T L S J X G L O O R T G S F P U L
O S A X E F W P M E Z T G I R D X E L G P
Y M C F J C Q S I F O H R L E S H I D A T
B K N V S B L P W N J B E M C W N X V M Y
T I G T L U X A O H C W N G L I D E P B Q
M G L I R N S B F D L S K P H Z G F J E Z
N D K U L N F D P I R A X D M Z J B I R M
Y T W P J Y U L F Z C H T R B L C A G P S
S E L N K H V G N H Q D O K C E R Q S O F
V K M D T O E L O O P Y J L N H P K B E C
S G A E H P N S R B X T S P I R W J G L P
P L F O M Z I U G Q S E H V B J F P C O T
I N U P T A W M F K O M A G L K J D I O Y
R Z C O S S O V E L R B N X H S R X P D G
A S F N W D R Y D G P A S B E V F M K E R
L O H K C X T J U Z L Q T I J L B H N C L
M R Q S O U N N Y H S F B X A T P G F D H

glide toe loop
crossovers spin
spiral swizzle
bunny hop axel

